



2025 PFLAG Woodstock VA's Annual Membership Meeting to be held October 2nd

We are excited to open this meeting up to **anyone that is interested in helping** with the PFLAG Woodstock VA chapter. You do NOT have to be a member to come to this meeting; in fact, the more folks that can get involved the better! So if you know of someone that is looking for an organization to give their time to, please bring them with you to this important meeting.

PFLAG National requires that we hold an annual membership meeting in the fall of each year. This year we are holding that meeting on October 2nd at Woodstock Presbyterian Church in the Social Hall from 6:30pm-8:00pm. We intend to share our financial statement, a report about what we did this year and what we hope to accomplish in the coming year.

We are working to bring more structure to the chapter in the coming year, so are defining specific roles to match our volunteers' talents. We would love for you to come and hear what we have been doing and what we hope to do more of in the future.....with YOUR Help!

We look forward to getting to know more of our supporters, so please mark your calendar and join us on October 2nd for a brief meeting. You may use the QR code to let us know if you are coming or [SHARE it](#) with friends who might want to hear all about PFLAG on October 2nd in Woodstock. There will be cookies...

2024 Membership Meeting 2025

PFLAG Woodstock VA would love to have you join us on Thursday evening October 2nd from 6:30-8:00pm for our Annual Membership Meeting.

Our location for the meeting is **Woodstock Presbyterian Church** in the Social Hall at 142 E. Court St., Woodstock, VA

We will be electing new officers and reporting on our chapter's successes of the past year. Come and ask questions, bring us ideas, and hang out with us for an hour.

Consider helping us grow the chapter and make it sustainable for the future!

Come help us make positive changes for the LGBTQ+ Community here in the Shenandoah Valley!

PFLAG WOODSTOCK, VA

A Huge thank you to the Woodstock Presbyterian Church for letting us use your beautiful space!

PFLAG National Convention 2025: Learning with Love

Two of our members are heading to Chicago next month to attend the Learning with Love Convention. Rather than fly, they have decided they would prefer to drive to Chicago. While this will save our chapter some money we still would love it if you would chip in to help us offset this cost. You can do that with the link below.

PFLAG National is offering many more workshops than the two folks will be able to attend but we are looking at the agenda ahead of time to try to find workshops that will help our chapter to address many of the issues that the LGBTQ community are facing here in the Shenandoah Valley region.



Shenandoah Valley Pride is coming up on September 21st in Harrisonburg, VA

Our chapter will have a table at this event and hope you will stop in and say hi!

We also hope you will stop by the booth of the newest PFLAG Chapter in our area, [PFLAG Harrisonburg/Rockingham County](#).

We are super excited to have them in our area and hope that you will welcome them when you visit the event!

1-5 pm at the [Turner Pavilion - 228 S. Liberty St, Harrisonburg, VA.](#)

See you there!





What is Safe Zone Training?

- A way to promote positive interactions
- An opportunity to become more helpful to LGBTQ+ others
- A lively blend of several fields of study.
- A learning experience!

Sex & Gender

- How different are the sexes?
- What difference does gender make?
- Why sex and gender are actually so different.

Communication

- Pronouns: clumsy, correct, critical or clarifying? Could be.
- Questions: nosy, demeaning, kind or necessary? Could be.
- Comments: abrupt, uninformed, thoughtful or sensitive? Could be.

Privilege

- When rights for some are felt as wrongs for others.
- When lack of awareness becomes indifference
- When allies are able to be most effective.

Contact us to do a Safe Zone Training for you!

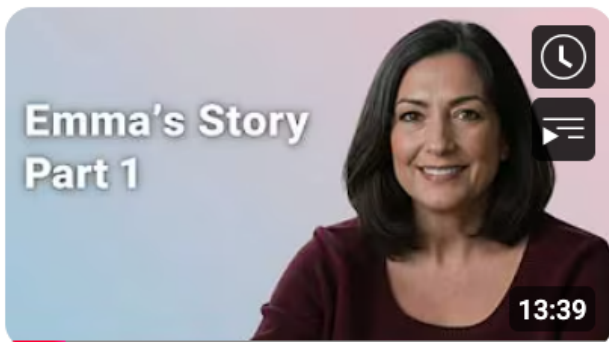
Email: pflagwoodstockva@gmail.com
 Website: pflagwoodstockva.org
 Phone: 540-333-5810
 Susie Wilburn, she/her
 president, PFLAG Woodstock, VA

Revised Safe Zone Training in the Works

PFLAG Woodstock VA has developed a presentation called Safe Zone Training that we offer to businesses and organizations in our local area. This training helps folks understand the meaning and importance of having safe spaces for those in the LGBTQ+ community. During the course of the 2 hour presentation you will learn what a safe zone is, the difference between sex and gender, helpful communication skills, and how our invisible privileges affect our actions.

If your business or organization would like to spend 2 hours with us to learn all about Safe Zones and the importance of creating safe spaces, contact us

at pflagwoodstockva@gmail.com and we would be happy to schedule a session for your organization or group of individuals.



Emma's Story, Part 1

Linda Thomas-Fowler's latest episode of The Spectrum.

"This is part 1 of a three part series that explores the life of a transgender woman. We're calling her Emma here but this is not her name. She has chosen to remain anonymous to protect her and her family from the harassment so often directed at transgender people today. To protect her identity, we've digitally altered her voice and appearance but the emotion you will hear is hers.. This part of Emma's story covers her early childhood through what she calls her breaking point."

If you have a story that you would like to share with us and/or want to be interviewed by Linda, contact us and we will certainly set this up. Topics could be anything from your coming out story to understanding the transitioning process to where to find resources in these trying times. If you are a doctor that deals with gender affirming care, if you are an agency that could help with discrimination cases or a lawyer that would like to help with someone trying to adopt a child, please reach out and help us share this information to everyone.




Call for art

Celebrating LGBTQ+ History Month

VECCA (Valley Educational Center for the Creative Arts) and PFLAG Woodstock have joined to celebrate LGBTQ+ history month with an art show for the month of October. The show is open to LGBTQ+ artists and allies. The entry fee has been waived so let's celebrate by visiting VECCA.org to complete your application to enter art with a LGBTQ+ theme, or art with no theme, just your favorite work. You can also use the QR code below to access the application and more information.




Calling all LGBTQ+ artists and ally artists.

To commemorate October as LGBTQ+ History Month, PFLAG Woodstock will be teaming with VECCA (Valley Educational Center for the Creative Arts) in Woodstock to showcase local LGBTQ+ artists and Allies. The VECCA gallery at 123 S. Main Street in Woodstock will host the show. The art can be paintings, sculptures, pottery, textiles, photography, poetry, music etc.

So get your creative juices flowing and plan to create art that represents you and the LGBTQ+ community. You do not have to be a VECCA member to participate and all entry fees have been waived for this show. Use the QR code above or visit VECCA.org for more information and to enter.



Another Game Day Coming Soon!

We are planning another Game Day in the middle of November so stay tuned for the announcement and the chance to come and spend the day having fun with us! If you would like to help put this one together, or have some creative ideas, reach out to us and we will connect you with the people currently working on it.

STAY Tuned!!!!





Upcoming Events

- September 21st, [Shenandoah Valley Pride](#) Harrisonburg, VA 1:00-5:00 pm
- October 2nd, Annual Membership meeting, 6:30-8:00 pm
- October 4th, [Winchester Pride](#), Museum of the Shenandoah Valley, 10 am-5 pm
- November Game Day...Date to come soon!

Want to be a part of PFLAG Woodstock VA as a volunteer or a member?

You can sign up here!

And you can Donate Here!

PFLAG National Convention 2025 Learning with Love

OR reach out to Susie Wilburn, she/her
@ pflagwoodstockva@gmail.com



We hope you are enjoying the summer weather and are taking **PRIDE** in yourselves,

Susie Wilburn, she/her

President, PFLAG Woodstock VA

