

PFLAG

WOODSTOCK, VA

June, 2024

Newsletter



Happy Pride Month!

From the entire PFLAG Woodstock crew to you, we want to wish you a very Happy Pride Month!



Join Us for our PFLAG Game Day!

When: July 20, 2024 from 1:00-6:00pm
Where: CREW in Mt. Jackson VA (6044 Main St. Mt. Jackson VA)

Come join us for a fun-filled day of gaming at 6044 Main St in Mt. Jackson's CREW center! From trivial pursuit to puzzles to beginner-friendly D&D, we'll have a great

Our Mission & Vision

PFLAG is the nation's largest organization dedicated to supporting, educating, and advocating for LGBTQ+ people and those who love them.

LEADING WITH LOVE

Check Out Our Upcoming Events!

June 2, 2024 - Support Meeting: 2-4pm @ First Bank in Woodstock

July 7, 2024 - Support Meeting: 2-4pm @ First Bank in Woodstock

Calling All Volunteers!



Thanks to you, PFLAG is becoming a visible, credible resource for a growing number of area families, professionals, and organizations.

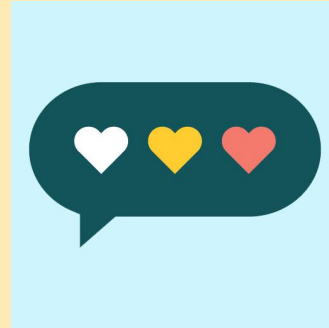
time playing together. Snacks and drinks provided! Children and newcomers welcome. Be a friend: bring a friend.

[Learn More About Our Game Day!](#)



This Pride season, we've been asked to attend multiple events and we need your help to attend and grow our presence in the community! To learn more about what volunteering entails or to sign up, please click the link below.

[Learn More](#)



2024 U.S. National Survey on the Mental Health of LGBTQ+ Young People

The Trevor Project

For the sixth year, the U.S. National Survey uncovers the reality that there is a significant association between anti-LGBTQ+ victimization and disproportionately high rates of suicide risk — and that far too many young people struggle to access the mental health care they need.

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What Does It Mean To Be Proud This Month?

Bob Minor

"“Coming out” is only one stage in one’s growth. An “out” person is not necessarily a healthy one, though being in the closet can only reenforce ones emotional stress.

“Coming out” and “being out” do not solve the many psychological issues that discrimination has internalized, much less the normal issues everyone of every orientation has when growing up in our kind of society with its flawed child-rearing methods. That requires further work through supportive groups, examining one’s issues, and even professional help.”

39% of LGBTQ+ young people seriously **considered attempting suicide** in the past year – including **46% of transgender and nonbinary young people.** LGBTQ+ youth of color reported higher rates than White peers.

THE TREVOR PROJECT

2024 U.S. National Survey on the Mental Health of LGBTQ+ Young People

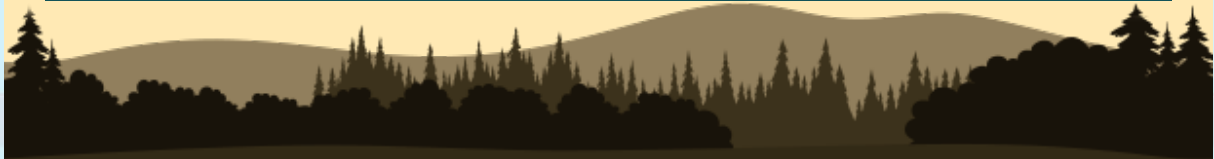


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Safe Zone Training Continues

On June 1st we did a Safe Zone Training for Caroline Furnace Lutheran Camp's summer staff and board. The counselors that will be there for the summer were a diverse group from many parts of the world and they wanted to understand how to approach a safe space for the young campers that will be in their care for a few weeks at a time during the summer months. Those campers will be away from parents and will have the opportunity, if they are questioning their identities, to be in an affirming environment and Caroline Furnace Lutheran Camp wants to make the kiddos feel like they can be who they are with no judgment and they will honor the child for their words. This is huge! And we need for other churches and organizations to adopt this perspective so that the hate and judgement is dispelled and the mental health issues don't have a chance to set in.

Keep Reading About Our Safe Zone Training Update!



Leading with Love
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Connect with us



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